

RACHEL STAFFORD

DOCTOR OF PHARMACY

4301 West Markham Street
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Little Rock, AR 72205

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EDUCATION

PGY1 Community Pharmacy Residency
University of Arkansas for Medical Sciences
Kroger Pharmacy
Little Rock, Arkansas
July 2010-June 2011

Doctor of Pharmacy
University of Arkansas for Medical Sciences,
College of Pharmacy
Little Rock, Arkansas
August 2006-May 2010

**Bachelor of Arts in Professional and
Technical Writing**
Minor: Digital Graphics
University of Arkansas at Little Rock
Little Rock, Arkansas
July 2003-July 2006

ACADEMIC APPOINTMENTS

Assistant Professor
Department of Pharmacy Practice
UAMS College of Pharmacy
Little Rock, Arkansas
July 2011-present

Clinical Instructor
Department of Pharmacy Practice
UAMS College of Pharmacy
Little Rock, Arkansas
July 2010-June 2011

PROFESSIONAL EXPERIENCE

Patient Care Specialist
Kroger Pharmacy
Little Rock, Arkansas
July 2011-present

Clinical Pharmacy Specialist
Baptist Health Home Health
Little Rock, Arkansas
July 2011-October 2013

Community Pharmacy Resident
Kroger Pharmacy
Little Rock, Arkansas
July 2010-June 2011

LICENSURE & CERTIFICATIONS

Licensed Pharmacist

Arkansas State Board of Pharmacy
License #PD11415, Expires 12/31/2019

Authority to Administer

Arkansas State Board of Pharmacy
License #PD11415, Expires 12/31/2019

Basic Life Support Provider

American Heart Association
Expires 6/2018

Credentialed in Disease State Management

Arkansas State Board of Pharmacy
Certificate #DSM047, Completed 1/26/09

National Association of Chain Drug Stores (NACDS) Community Pharmacy-Based Point-of-Care Testing Certificate Program

Certified 8/20/2015
Faculty Trained 08/21/2015

Pharmacy-Based Travel Health Services

American Pharmacists Association
Certified 11/7/2014
Faculty Trained 11/28/2015

Pharmacist and Patient-Centered Diabetes Care

American Pharmacists Association
Certified 4/20/12
Faculty Trained 3/21/2013

Postgraduate Teaching Certificate

UAMS College of Pharmacy
Certificate completed 5/2011

Medication Therapy Management

American Pharmacists Association
Certified 4/1/2011
Faculty Trained 3/29/2015

Pharmacy-Based Immunization Delivery

American Pharmacists Association
Certified 4/23/2010
Faculty Trained 3/21/2014

TEACHING EXPERIENCE

UAMS COLLEGE OF PHARMACY DIDACTIC COURSEWORK
CURRENT PARTICIPATION

PhPr 7204 Self-Care Therapeutics

Spring Semester, P2 students
2014-present: Course Coordinator
2011-present: Lecturer
Topics (varied per course delivery): Basic Self Care Issues, Headache, Musculoskeletal Pain, Fever, Cold/Allergy, Cough, Smoking Cessation, Dermatitis, Fungal Skin Infections, Insect Bites/Stings, Burns, Pediculosis, Evidence-Based Decision Making, Nausea/Vomiting & Gas
Teaching Methods: Team-Based Learning, Online Modules, Lecture

PhPr 7201 Principles of Pharmacy Practice (formerly Dispensing Pharmacy)

Fall Semester, P2 students
2012-present: Instructor
Topics: Patient Interviewing and MTM, Empathy/Listening and Motivational Interviewing, Communicating with Other Health Care Professionals
Teaching Methods: Lecture, Lab, OSCE, Patient Story

PhPr 7106 Introduction to Patient-Centered Communication

Spring Semester, P1 students
2014-present: Instructor
Topics: Motivational Interviewing
Teaching Methods: Role Playing

PhPr 7306 Pharmacy Management

Spring Semester, P3 students
2012-present: Lecturer
Topics: CVs/Résumés, Clinical Pharmacy Services
Teaching Methods: Lecture, Workshop

PhPr 7308 Pharmacy Practice Assessment & Skills (formerly Patient Assessment)

Spring Semester, P3 students
2012-present: Lecturer
Topics: Medication Therapy Assessment, APhA Immunization Certification
Teaching Methods: Lecture, Lab

SERVICE

NATIONAL

APhA Mediation Management SIG

Coordinator, 2027-2018

Coordinator-Elect, 2016-2017

STATE

Professional and Ethical Affairs Committee

Arkansas Pharmacists Association

Appointed 2016-2017

Service Set Workgroup

Arkansas Community Pharmacy Enhanced

Services Network

2016-present

Immunization Action Coalition Steering Committee

Member: 2013-2014

CAMPUS

Caduceus Yearbook Advisory Committee

Member: 2013-present

COLLEGE

Curriculum Committee

Member: 2014-present

NCPA Chapter Co-Advisor

2013-present

Awards and Financial Aid Committee

Member: 2013-2017

Pharmacy Workgroup (ad hoc)

UAMS 12th Street Health & Wellness Center

Member: 2011-2014

Professional Advisory Board

UAMS 12th Street Health & Wellness Center

Member: 2011-2014

TEACHING EXPERIENCE (CONTINUED)**PhPr 7365 Pharmacy-Based Point-of-Care Testing Certificate***Spring Semester, P3 students*

2017-present: Instructor

Topics: Specimen Collection Check-off

Teaching Methods: Lab

UAMS COLLEGE OF PHARMACY EXPERIENTIAL COURSEWORK

*CURRENT PARTICIPATION***PhPr 7415 Direct Patient Care – Advanced Community Medication Therapy Management Advanced Pharmacy**

January 2015-present

Site: Kroger Pharmacy

UAMS COLLEGE OF PHARMACY DIDACTIC COURSEWORK
*PREVIOUS PARTICIPATION***PhPr 7103 Career Orientation & Communication***Fall Semester, P1 students*

2012-2016: Lecturer

Topics: CVs/Résumés

Teaching Methods: Lecture

PhPr 3611 Pharmacy Management*Spring Semester, P3 students*

2012: Lecturer

Topics: Medication Therapy Management, Health Information Technology

Teaching Methods: Lecture

PhPr5532 Pharmacy Law and Ethics*Fall Semester, P3 students*

2013: Lecturer

Topics: Having Difficult Conversations

Teaching Methods: Lecture

PhPr5654 Patient Assessment and Lab*Spring Semester, P3 students*

2013: Lecturer, 2012-2013: IPPE Small Group Facilitator

Topics: Neurology

Teaching Methods: Lecture, Lab

PhPr 5622 Advanced Non-Prescription Medications Elective*Spring Semester, P3 students*

2011: Recitation Leader

Teaching Methods: Recitation

SERVICE (CONTINUED)

DEPARTMENT

Secretary

Department of Pharmacy Practice
2016-present

Residency Research Curriculum Workgroup

2015-present

Postgraduate Training Support and Development Committee

2015-2017

Patient Centered Medical Home Network Workgroup

2014-2015

Communication Interest Workgroup (ad hoc)

2012-2014

New Faculty Development Needs Workgroup (ad hoc)

2013-2014

THE KROGER COMPANY

Residency Task Group

2015-2018

Marketing Task Group

2015-2017

HONORS & AWARDS**Rho Chi**

Selected by the Beta Iota Chapter into Society as faculty member
2016-present

Distinguished Young Pharmacist Award

Arkansas Pharmacists Association
2015

TEACHING EXPERIENCE (CONTINUED)

UAMS COLLEGE OF HEALTH PROFESSIONS, PHYSICIAN ASSISTANT PROGRAM DIDACTIC COURSEWORK
PREVIOUS PARTICIPATION

Pharmacotherapy 2

2014-2015: Lecturer

Topics: Menopause, Contraception, Pregnancy/Lactation, STIs, PMS/Endometriosis

Teaching Methods: Lecture

Pharmacotherapy 1

2013: Lecturer

Topics: HTN 1 and 2, Asthma/COPD, IHD, CHF

Teaching Methods: Lecture

UAMS COLLEGE OF PHARMACY EXPERIENTIAL COURSEWORK

PREVIOUS PARTICIPATION

PhPr 6724 Experience – Direct Patient Care – Ambulatory Care Advanced Pharmacy Practice Experience

February 2011-December 2014: Preceptor

Sites: Kroger Pharmacy, Baptist Home Health
26 student-months

POSTGRADUATE INSTRUCTION

UAMS Community-Based Pharmacy Residency Program

July 2017-present: Site Coordinator, Kroger Site

Residents: Lacey Condon (2017-2018)

Kroger Pharmacy/UAMS Community Pharmacy Residency Program

July 2015-present: Program Director

Residents: Kara Halverson (2015-2016), Kaitlin Bates (2016-2017)

July 2013-2015: Primary Preceptor

Residents: Brooke Kordsmeier (2014-2015), Sarah Lewis (2013-2014)

OTHER INSTRUCTION

Kroger Delta Pharmacy Summer Internship Program,

July 2011-2016: Director

6-8 students per year across all 4 professional years

PROFESSIONAL MEMBERSHIPS

American Association of College of Pharmacies

2011, 2015-present

Arkansas College of Clinical Pharmacy

2011, 2015-2016

American Pharmacists Association

2006-present

Arkansas Pharmacists Association

2006-present

MEDIA APPEARANCES

KKPT The Point 94.1 FM Radio

September 22, 2012 On Air

Administered influenza vaccine on air to hosts and educated listeners on influenza vaccination

KKPT The Point 94.1 FM Radio

September 29, 2011 On Air

Administered influenza vaccine on air to hosts and educated listeners on influenza vaccination

TEACHING EXPERIENCE (CONTINUED)

CONTINUING EDUCATION

NACDS Point-of-Care Certificate Training

Live Seminar

Little Rock, Arkansas

September 29, 2017

Immunization Update 2016

Arkansas Pharmacists Association, Annual Meeting

Hot Springs, Arkansas

June 25, 2016

Immunization Update

Kroger Pharmacy CE

North Little Rock, Arkansas

December 6, 2015

APhA Pharmacy-Based Travel Health Services

Live Seminar

Kroger Pharmacy, Delta Division

2015, 2016

APhA Delivering Medication Therapy Management Services

Live Seminar

Arkansas Pharmacists Association CE Program

Little Rock, Arkansas

2015, 2016, 2017

Immunization Update

37th Annual Family Medicine Intensive Review Course

Little Rock, Arkansas

May 17, 2015

Kroger Delta Division MTM Training

Kroger Pharmacy, Delta Division, Districts 4 and 6

North Little Rock, Arkansas

April 2015: 7 classes, 85 pharmacists trained

PROFESSIONAL DEVELOPMENT

Provost's Leadership Book Club

University of Arkansas for Medical Sciences
2016-present

Nonprescription Medicines Academy

AACP Interim Meeting
2016 and 2018

Dean's Leadership Book Club

UAMS College of Pharmacy
2012-2015

ASHP Residency Learning System

Little Rock, Arkansas
May 17, 2014

AACP Institute: Teaching Essentials

Leesburg, Virginia
May 20-22, 2013

APhA Self-Care Institute

Washington, D.C.
June 14-17, 2012

TEACHING EXPERIENCE (CONTINUED)

APhA Pharmacist and Patient-Centered Diabetes Care,

Live Seminar
Kroger Pharmacy, Delta Division, Districts 4 and 6
North Little Rock, Arkansas
2013-present: 7 classes, 50 pharmacists trained

Back to School Vaccines

Kroger Pharmacy CE
North Little Rock, Arkansas
August 3, 2014

MTM: Adherence Interventions

Kroger Pharmacy CE
North Little Rock, Arkansas
August 3, 2014

Preceptor's Guide to Community Residency Program

Kroger Pharmacy CE
North Little Rock, Arkansas
June 11, 2014

Applications of Clinical Pharmacy in a Community Pharmacy: Part 2—Medication Therapy Management

Kroger Pharmacy CE
North Little Rock, Arkansas
November 3, 2013; June 23, 2013

Immunizations: Update and Beyond the Basics

Kroger Pharmacy CE
North Little Rock, Arkansas
November 3, 2013; June 23, 2013; April 21, 2013

Applications of Clinical Pharmacy in a Community Pharmacy: Part 1—Point of Care Screenings

North Little Rock, Arkansas
April 21, 2013

Zostavax: Beyond the Basics

Kroger Pharmacy CE
North Little Rock, Arkansas
January 24, 2013

Medication Therapy Management: Process and Limitations

UAMS College of Pharmacy CE Program
Little Rock, Arkansas
April 10, 2010

The Pharmacy Technician's Role in Clinical Services

Kroger Pharmacy CE
Little Rock, Arkansas
February 2, 2011

TEACHING EXPERIENCE (CONTINUED)

Self-Care Products in the Elderly

UAMS College of Pharmacy CE Program
Little Rock, Arkansas
October 17, 2010

Self-Care Products in the Elderly

Arkansas Pharmacists Association Golden CE Program
Little Rock, Arkansas
October 14, 2010

Immunization Administration

Kroger Pharmacy CE
Little Rock, Arkansas
August 15, 2010

INVITED PRESENTATIONS

Workflow Pearls and Screening to Increase Immunization Rates

Arkansas Community Pharmacy Enhanced Services Network
November 16, 2017, Online Webinar

Working with a Community Pharmacist in your CPC+ Clinic

Arkansas Virtual Learning Session (CPC+)
TMF Health Quality Institute
July 12, 2017

PRESENTATIONS

MTM as a Team Sport: Introduction to Utilizing Technicians to Enhance MTM Services

Quality Improvement Organizations, Webinar
November 13, 2016

MTM as a Team Sport: Introduction to Utilizing Technicians to Enhance MTM Services

APhA Medication Management SIG, Webinar
June 8, 2016

Pharmacotherapy of Diabetes

Annual Meeting and Trade Show, Home Care Associate of
Arkansas Little Rock, Arkansas
June 8, 2012

Insulin Use Management

Agency Monthly In-service, Baptist Health Home Health
Little Rock, Arkansas
March 7, 2012 and March 22, 2012

Topics Related to Cold and Cough

Agency Monthly In-service, Baptist Health Home Health
Little Rock, Arkansas
January 18, 2012

TEACHING EXPERIENCE (CONTINUED)

CVs are EZ

Residency Interest Session, UAMS College of Pharmacy
Little Rock, Arkansas
October 24, 2011

Medication Use and Safety

Maumelle Senior Center
Maumelle, Arkansas
September 16, 2011

SCHOLARSHIP

*Corresponding Author

PEER-REVIEWED PUBLICATIONS

***Stafford R**, Thomas J, Payakachat N, Diemer T, Lang M, Kordsmeier B, Curran G. Using an array of implementation strategies to improve success rates of pharmacist-initiated medication therapy management services in community pharmacies. *Res Social Adm Pharm* 2017;13(5):938-946.

*Ragland D, Payakachat N, **Stafford RA**. Emergency Contraception Counseling in a Retail Pharmacy Setting: A Pilot Study. *J Pharm Pract.* 2014 Jan 15.

OTHER PUBLICATIONS

*Lewis S, Painter J, Price H, **Stafford R**. The Effect of Appointment-Based Medication Synchronization on Clinical Services in a Community Pharmacy. *Computer Talk for the Pharmacist. Feature Story* [May/June 2015]. Available at: <http://www.computertalk.com/feature-stories/feature-may-june-2015-the-effect-of-appointment-based-medication-synchronization-on-clinical-service>.

MANUSCRIPTS IN PROGRESS

*O'Brien C, Franks A, **Stafford R**. Establishment of a patient-centered communication course to address curricular gaps. Submitted to *Currents in Pharmacy Teaching and Learning*. Status: In final revisions.

***Stafford RA**, O'Brien CE, Franks AM. A Communications Module to Reinforce Motivational Interviewing Concepts. Submitted to *Currents in Pharmacy Teaching and Learning*. Status: In review.

*Smith MG, Ferreri SP, **Stafford RA**, Teeter B, Turner K, Veach S, Shea CM. Development of Community Pharmacy Characteristics Questionnaire: Application of Cognitive Interviewing. Submitted to *Research in Social & Administrative Pharmacy*. Status: In review.

Bowers B, Rowe J, ***Stafford R**. An algorithm to assess patient immunization status for routine adult vaccinations. Submitted and rejected from *Journal of the American Pharmacists Association*. Status: Preparing submission to *Journal of Pharmacy Practice*.

PEER-REVIEWED PODIUM PRESENTATIONS

Stafford R, Thomas J, Payakachat N, Diemer T, Lang M, Kordsmeier B, Curran G. Using an array of implementation strategies to improve success rates of pharmacist-initiated medication therapy management services in community pharmacies. Presented at 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA December 2017.

SCHOLARSHIP (CONTINUED)

PEER-REVIEWED POSTER PRESENTATIONS

Condron LN, **Stafford RA**, Diemer T, Thomas JT, Teeter B, Curran GM. Effectiveness of Community Pharmacist Integration into a Patient-Centered Medical Home on CMS Clinical Quality Measure: Hemoglobin A1c. Presented at the American Pharmacists Association Annual Meeting & Exposition, Nashville, TN, March 2018.

Stafford R, Smith MG, Curran GM. Implementing medication therapy management in community pharmacies: What works?. Presented at 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA December 2017.

O'Brien C, Franks A, **Stafford R**, Teeter B, Payakachat N. Patient-Centered Communication Uptake During a Community Pharmacy IPPE: A Qualitative Analysis. Presented at 10th AACP Annual Meeting, Nashville, TN July, 2017.

Bates K, **Stafford R**, Diemer T, Thomas JT, Curran GM. Feasibility and Acceptability of the Implementation of a Community Pharmacist into a Patient-Centered Medical Neighborhood. Presented at the American Pharmacists Association Annual Meeting & Exposition, San Francisco, CA, March 2017.

Stafford R, Smith MG, Curran GM. Implementing medication therapy management in community pharmacies: What works?. Presented at the American Pharmacists Association Annual Meeting & Exposition, San Francisco, CA, March 2017.

Halverson K, **Stafford R**, Curran GM, Drummond K. Impact of Integrating Prescription Drug Monitoring Program into Supermarket Pharmacy Dispensing Software. Presented at the American Pharmacists Association Annual Meeting & Exposition, Baltimore, MD, March 2016.

Stafford R, Thomas J, Curran G, Payakachat N. Use of Financial Incentives and Required Training to Improve Completion Rates of Pharmacist-Initiated Medication Therapy Management Services. Presented at 8th Annual Conference on the Science of Dissemination and Implementation, Washington, DC December 2015.

Teeter B, Curran G, Thomas J, **Stafford R**. Implementation of cognitive services in independent community pharmacies: An ethnographic study of barriers and facilitators. Presented at 8th Annual Conference on the Science of Dissemination and Implementation, Washington, DC December 2015.

Bowers B, Rowe J, **Stafford R**. The Impact of Targeted Immunization Counseling by Student Pharmacists. Presented at Arkansas Association of Health-System Pharmacists Fall Seminar, Little Rock, AR October 2015
Kordsmeier B, Stafford R. Communication Between Health Care Providers: An Essential Part Of The Patient-Centered Medical Home Mode. Presented at the American Pharmacists Association Annual Meeting & Exposition, San Diego, CA March 2015.

Stafford R. Return On Investment Of Using Pharmacy Technicians To Aid In The Completion Of Comprehensive Medication Reviews. Presented at the American Pharmacists Association Annual Meeting & Exposition, Orlando, FL March 2014.

Butler S, **Stafford R**. Improvement Of Utilization Of Clinical Services In Community Pharmacy Using Medication Synchronization And The Appointment-Based Model. Presented at the American Pharmacists Association Annual Meeting & Exposition, Orlando, FL, March 2014.

Battle M, Kueter TJ, Caraway J, Payakachat N, **Stafford R**, Ragland D. Customer Satisfaction with Emergency Contraception Counseling in a Retail Pharmacy Setting. Presented at the American Pharmacists Association Annual Meeting & Exposition. Los Angeles, CA. March 2013.

SCHOLARSHIP (CONTINUED)

Kueter TJ, Battle M, Caraway J, Payakachat N, **Stafford R**, Ragland D. Customer Satisfaction with Emergency Contraception Counseling in a Retail Pharmacy Setting. Presented at the 47th ASHP Midyear Clinical Meeting & Exhibition. Las Vegas, NV, December 2012.

Stafford R, Flowers S. Benefits and Barriers of using Student Pharmacists to Implement Reimbursable Pharmacy Services Presented at the American Pharmacists Association Annual Meeting & Exposition, New Orleans, Louisiana, March 2012.

Stafford R, Flowers S. Perceived Usefulness and Comfort Level of Local Primary Care Physicians with Pharmacist-provided Clinical Services Compared to Patients' Perceived Monetary Value. Presented at the American Pharmacists Association Annual Meeting & Exposition, Seattle, Washington, March 2011.